

Rose Hill Record

May/June 2011

Volume 1, Issue 1

Gardens and Grub

Gardening season is upon us. If you haven't had a chance yet be sure to stop by Rose Hill and take some time to enjoy our beautiful gardens.



Zinnas not only add beauty to gardens but are a source of food for butterflies and bees

Our ancestors utilized gardens for both providing beauty to the landscape as well as a source of food. Most early gardens were a blends of both floral and vegetable plants in one plot. However, those who could afford it, such as the Grahame family who owned Rose Hill Manor in the 1790s created gardens simply for enjoyment. Such gardens were often focal points and a place for relaxing. These more formal gardens often contained roses, trees and hedgerows.

Early utilitarian gardens were planted with a variety of vegetables including carrots, lettuce and beans. It was not uncommon to find herbs and florals known as companion plants mixed into these beds. Some common companion plants include rosemary, basil, chives and borage. These plants are beneficial to vegetables as they help to ward off insects that could damage more tender plants such as tomatoes.

One of the most versatile of garden products are herbs. Herbs have traditionally been utilized for both medicinal and culinary purposes.

When using herbs for cooking or creating scents follow these tips:

Herbs should be gathered just before blossoms bloom for most intense flavor

Use fresh or gather into a bundle, tie and hang upside down to dry

When cooking you need less of fresh than dried herbs in recipes



MARK YOUR CALENDAR

Frederick County
Division of Parks &
Recreation Upcoming
Special Events:

- Colonial Faire
June 11th & 12th
Rose Hill Manor Park
- Civil War Encampment
July 9th & 10th
Rose Hill Manor Park

A Federal Era Recipe utilizing garden herbs

Try this at home

Force-Meat Balls

½ lb ground veal or turkey

1 t nutmeg

¼ t mace

½-1 t salt

¼ t cloves

2 egg yolks

½ lb suet or ground pork sausage

½ t parsley

¼ t thyme

¼ t pepper

grated ½ lemon peel

flour

Combine all but the flour and form into balls. Roll balls in flour. Fry in heated lard or oil in a skillet above coals or moderate heat.



Colonial Faire
Daily Life in the 18th Century...

Saturday, June 11, 2011
10:00am - 4:00pm
Sunday, June 12, 2011
Noon-4:00pm

Discover Frederick's Colonial Heritage with history demonstrations, activities, and period wares.

Visit with:

- Tradesmen
- Native Americans
- Soldiers
- Other Pioneers

View and purchase period wares from Artisans. Kids make your own candle, learn to write with a quill pen, and much more.

Event is free! Admission for museum tours. Food and craft costs vary.

For more information, please call 301-600-1650 or visit www.rosehillmuseum.com

Rose Hill Manor 1611 North Market St. Frederick, MD 21701



Summer Fun—History Camps

Rose Hill offers a variety of fun filled 1/2 day history camps.

Registration is limited so sign up today!

Bring your own American Girl™ or other doll and learn about the Revolution as these two girls experienced it. We'll enjoy making crafts, playing games, and even enjoy a Colonial tea party.

Crafting History

July 18-22 (ages 6-12)

Enjoy learning and practicing early American crafts and trades. Learn to knit, sew and leather punch. Meet the blacksmith and try your hand at crafting something on the forge. Make your own attire and more.



Scientific Revolution

July 5-8 (ages 8-12)

Explore the wonderful discoveries and inventions that revolutionized the world of our ancestors. Learn about the development of electricity, steam power, the telegraph and more. We'll do our own experiments and try our hand at recreating some of these amazing technologies.

Journey into Wonderland

June 20-24 (ages 6-12)

Explore the wonderful world of Alice in Wonderland, a book enjoyed by the Thomas children who lived at Rose Hill in the 1860s. Come discover adventures "down the rabbit hole" with games, crafts and activities that the Thomas Children and Alice would have enjoyed.

Westward Ho!

June 27-July 1 (ages 6-12)

Load your wagons and set out to explore the settlement of Maryland and the west. Learn about life as a pioneer and discover Native American culture.

Rally 'Round the Flag

July 11-15 (ages 6-12)

Join the ranks of the Rose Hill regiment as we explore the Civil War. Come discover the major battles, generals and activities of the Civil War era. We'll reenact and even learn some Civil War dances.



Felicity's Friends

July 5-8 (ages 6-8)

Explore the life and times of our own American Girl, Anne Johnson Grahame, who lived at the same time as Felicity™.

History Detectives

July 25-29 (ages 6-12)

Discover the past and learn about the jobs of real-life history detectives. We'll explore the science of archeology, genealogy and more. Learn to be a history sleuth and make your own historical discoveries.

Wee Historians

August 1-5 or August 8-13 (ages 4-5)

A fun and interactive camp for your preschooler. Daily themes drawn from museum exhibits provide campers with a look at the past through hands-on activities, crafts and play.

Rose Hill is pleased to announce that we will be welcoming the 2nd South Carolina String Band to this year's Civil War Encampment event. The band will provide music throughout the weekend with a special concert and camp dance on Saturday evening. This musical addition to the event has been made possible by the generous support of the Rose Hill Museum Council and Heart of the Civil War Heritage Area. For a complete schedule of Encampment activities please visit our [website](http://www.rosehillmuseum.com).